

Oil Blend: Raven
Company: Young Living



Raven™ is a combination of deeply soothing therapeutic grade essential oils that will provide comfort when applied topically to the chest and throat or diffused.

Single Oils:

Ravensara – is a powerful anti-viral, anti-bacterial, anti-fungal, and anti-infectious oil. It may help dilate, open, and strengthen the respiratory system.

Eucalyptus radiate – may have a profound anti-viral effect upon the respiratory system. It also has strong anti-bacterial, anti-catarhal, & antiseptic properties.

Peppermint – is anti-septic, anti-spasmodic, and anti-inflammatory. It is soothing, cooling, dilating to the system.

Wintergreen – it may be beneficial for arthritis, rheumatism, tendinitis, and any other discomfort that is related to the inflammation of bones, muscles, and joints. It is also a lymphatic cleanser.

Lemon – promotes healing and purification. Its fragrance is invigorating, and warming. It is an anti-septic and is great for the respiratory system.

Aromatic Benefits: opening, cooling, soothing, stimulating

Body Systems: Respiratory, Skin

Emotional Uses: self expression

Physical Uses: acne, allergies, asthma, boils, breathing, colds, congestion, coughs, cystic fibrosis, emphysema, flu, fungus, infection, lungs, pancreas, pimples, pneumonia, respiratory ailments, sleep apnea, strength, tuberculosis, typhoid

Application: apply topically to the lungs and throat area. Diffuse.

Safety Data: Can be irritating to sensitive skin.